On the Sociology of Deviance

KAI T. ERIKSON

Human actors are sorted into various kinds of collectivity, ranging from relatively small units such as the nuclear family to relatively large ones such as a nation or culture. One of the most stubborn difficulties in the study of deviation is that the problem is defined differently at each one of these levels: behavior that is considered unseemly within the context of a single family may be entirely acceptable to the community in general, while behavior that attracts severe censure from the members of the community may go altogether unnoticed elsewhere in the culture. People in society, then, must learn to deal separately with deviance at each one of these levels and to distinguish among them in his own daily activity. A man may disinherit his son for conduct that violates old family traditions or ostracize a neighbor for conduct that violates some local custom, but he is not expected to employ either of these standards when he serves as a juror in a court of law. In each of the three situations he is required to use a different set of criteria to decide whether or not the behavior in question exceeds tolerable limits.

In the next few pages we shall be talking about deviant behavior in social units call “communities,” but the use of this term does not mean that the argument applies only at that level of organization. In theory, at least, the argument being made here should fit all kinds of human collectivity—families as well as whole cultures, small groups as well as nations—and the term “community” is only being used in this context because it seems particularly convenient.¹

The people of a community spend most of their lives in close contact with one another, sharing a common sphere of experience which makes them feel that they belong to a special “kind” and live in a special “place.” In the formal language of sociology, this means that communities are boundary maintaining: each has a specific territory in the world as a whole, not only in the sense that it occupies a defined region of geographical space but also in the sense that it takes over a particular niche in what might be called cultural space and develops its own “ethos” or “way” within that compass. Both of these dimensions of group space, the geographical and the cultural, set the community apart as a special place and provide an important point of reference for its members.

When one describes any system as boundary maintaining, one is saying that it controls the fluctuation of its consistent parts so that the whole retains a limited range of activity, a given pattern of constancy and stability, within the larger environment. A human community can be said to maintain boundaries, then, in the sense that its members tend to confine themselves to a particular radius of activity and to regard any conduct which drifts outside that radius as somehow inappropriate or immoral. Thus the group retains a kind of cultural integrity, a voluntary restriction on its own potential for expansion, beyond that which is strictly required for accommodation to the environment. Human behavior can vary over an enormous range, but each community draws a symbolic set of parentheses around a certain segment of that range and limits its own activities within that narrower zone. These parentheses, so to speak, are the community’s boundaries.

Now people who live together in communities cannot relate to one another in any coherent way or even acquire a sense of their own stature as group members unless they learn something about the boundaries of the territory they occupy in social space, if only because they need to sense what lies beyond the margins of the group before they can appreciate the special quality of the experience which takes place within it. Yet how do people learn about the boundaries of their community? And how do they convey this information to the generations which replace them?

To begin with, the only material found in a society for marking boundaries is the behavior of its members—or rather, the networks of interaction which link these members together in regular social relations. And the interactions which do the most effective job of locating and publicizing the group’s outer edges would seem to be those which take place between deviant persons on the one side and official agents of the community on the other. The deviant is a person whose activities have moved outside the margins of the group, and when the community calls him to account for that vagrancy it is making a statement about the nature and placement of its boundaries. It is declaring how much variability and diversity can be tolerated within the group before it begins to lose its distinctive shape, its unique identity. Now there may be other moments in the life of the group which perform a similar service: wars, for instance, can publicize a group’s boundaries by drawing attention to the line separating the group from an adversary, and certain kinds of religious ritual, dance ceremony, and other traditional pageantry can dramatize the difference between “we” and “they” by portraying a symbolic encounter between the two. But on the whole, members of a community inform one another about the placement of their boundaries by participating in the confrontations which occur when persons who venture out to the edges of the group are met by policing agents whose special business it is to guard the cultural integrity of the community. Whether these confrontations take the form of criminal trials, excommunication hearings, courts-martial, or even psychiatric case conferences, they act as boundary-maintaining devices in the sense that they demonstrate to whatever audience is concerned where the line
is drawn between behavior that belongs in the special universe of the group and behavior that does not. In general, this kind of information is not easily relayed by the straightforward use of language. Most readers of this paragraph, for instance, have a fairly clear idea of the line separating theft from more legitimate forms of commerce, but few of them have ever seen a published statute describing these differences. More likely than not, our information on the subject has been drawn from publicized instances in which the relevant laws were applied—and for that matter, the law itself is largely a collection of past cases and decisions, a synthesis of the various confrontations which have occurred in the life of the legal order.

It may be important to note in this connection that confrontations between deviant offenders and the agents of control have always attracted a good deal of public attention. In our own past, the trial and punishment of offenders were staged in the market place and afforded the crowd a chance to participate in a direct, active way. Today, of course, we no longer parade deviants in the town square or expose them to the carnival atmosphere of a Tyburn, but it is interesting that the “reform” which brought about this change in penal practice coincided almost exactly with the development of newspapers as a medium of mass information. Perhaps this is no more than an accident of history, but it is nonetheless true that newspapers (and now radio and television) offer much the same kind of entertainment as public hangings or a Sunday visit to the local gaol. A considerable portion of what we call “news” is devoted to reports about deviant behavior and its consequences, and it is no simple matter to explain why these items should be considered newsworthy or why they should command the extraordinary attention they do. Perhaps they appeal to a number of psychological perversities among the mass audience, as commentators have suggested, but at the same time they constitute one of our main sources of information about the normative outlines of society. In a figurative sense, at least, morality and immorality meet at the public scaffold, and it is during this meeting that the line between them is drawn.

Boundaries are never a fixed property of any community. They are always shifting as the people of the group find new ways to define the outer limits of their universe, new ways to position themselves on the larger cultural map. Sometimes changes occur within the structure of the group which require its members to make a new survey of their territory—a change of leadership, a shift of mood. Sometimes changes occur in the surrounding environment, altering the background against which the people of the group have measured their own uniqueness. And always, new generations are moving in to take their turn guarding old institutions and need to be informed about the contours of the world they are inheriting. Thus single encounters between the deviant and his community are only fragments of an ongoing social process. Like an article of common law, boundaries remain a meaningful point of reference only so long as they are repeatedly tested by persons on the fringes of the group and repeatedly defended by persons chosen to represent the group’s inner morality. Each time the community moves to censure some act of deviation, then, and
convenes a formal ceremony to deal with the responsible offender, it sharpens the authority of the violated norm and restates where the boundaries of the group are located.

For these reasons, deviant behavior is not a simple kind of leakage which occurs when the machinery of society is in poor working order, but may be, in controlled quantities, an important condition for preserving the stability of social life. Deviant forms of behavior, by marking the outer edges of group life, give the inner structure its special character and thus supply the framework within which the people of the group develop an orderly sense of their own cultural identity. Perhaps this is what Aldous Huxley had in mind when he wrote:

Now tidiness is undeniably good—but a good of which it is easily possible to have too much and at too high a price... The good life can only be lived in a society in which tidiness is preached and practised, but not too fanatically, and where efficiency is always haloed, as it were, by a tolerated margin of mess.2

This raises a delicate theoretical issue. If we grant that human groups often derive benefit from deviant behavior, can we then assume that they are organized in such a way as to promote this resource? Can we assume, in other words, that forces operate in the social structure to recruit offenders and to commit them to long periods of service in the deviant ranks? This is not a question which can be answered with our present store of empirical data, but one observation can be made which gives the question an interesting perspective—namely, that deviant forms of conduct often seem to derive nourishment from the very agencies devised to inhibit them. Indeed, the agencies built by society for preventing deviance are often so poorly equipped for the task that we might well ask why this is regarded as their “real” function in the first place.

It is by now a thoroughly familiar argument that many of the institutions designed to discourage deviant behavior actually operate in such a way as to perpetuate it. For one thing, prisons, hospitals, and other similar agencies provide aid and shelter to large numbers of deviant persons, sometimes giving them a certain advantage in the competition for social resources. But beyond this, such institutions gather marginal people into tightly segregated groups, give them an opportunity to teach one another the skills and attitudes of a deviant career, and even provoke them into using these skills by reinforcing their sense of alienation from the rest of society.3 Nor is this observation a modern one:

The misery suffered in gaols is not half their evil; they are filled with every sort of corruption that poverty and wickedness can generate; with all the shameless and profligate enormities that can be produced by the impudence of ignominy, the range of want, and the malignity of despair. In a prison the check of the public eye is removed; and the power of the law is spent. There are few fears, there are no blushes. The lewd inflame the more modest; the audacious harden the timid. Everyone fortifies him-
self as he can against his own remaining sensibility; endeavoring to practise on others the arts that are practised on himself; and to gain the applause of his worst associates by imitating their manners.4

These lines, written almost two centuries ago, are a harsh indictment of prisons, but many of the conditions they describe continue to be reported in even the most modern studies of prison life. Looking at the matter from a long-range historical perspective, it is fair to conclude that prisons have done a conspicuously poor job of reforming the convicts placed in their custody; but the very consistency of this failure may have a peculiar logic of its own. Perhaps we find it difficult to change the worst of our penal practices because we expect the prison to harden the inmate’s commitment to deviant forms of behavior and draw him more deeply into the deviant ranks. On the whole, we are a people who do not really expect deviants to change very much as they are processed through the control agencies we provide for them, and we are often reluctant to devote much of the community’s resources to the job of rehabilitation. In this sense, the prison which graduates long rows of accomplished criminals (or, for that matter, the state asylum which stores its most severe cases away in some back ward) may do serious violence to the aims of its founders; but it does very little violence to the expectations of the population it serves.

These expectations, moreover, are found in every corner of society and constitute an important part of the climate in which we deal with deviant forms of behavior.

To begin with, the community’s decision to bring deviant sanctions against one of its members is not a simple act of censure. It is an intricate rite of transition, at once moving the individual out of his ordinary place in society and transferring him into a special deviant position.5 The ceremonies which mark this change of status, generally, have a number of related phases. They supply a formal stage on which the deviant and his community can confront one another (as in the criminal trial); they make an announcement about the nature of his deviancy (a verdict or diagnosis, for example); and they place him in a particular role which is thought to neutralize the harmful effects of his misconduct (like the role of prisoner or patient). These commitment ceremonies tend to be occasions of wide public interest and ordinarily take place in a highly dramatic setting.6 Perhaps the most obvious example of a commitment ceremony is the criminal trial, with its elaborate formality and exaggerated ritual, but more modest equivalents can be found wherever procedures are set up to judge whether or not someone is legitimately deviant.

Now an important feature of these ceremonies in our own culture is that they are almost irreversible. Most provisional roles conferred by society—those of the student or conscripted soldier, for example—include some kind of terminal ceremony to mark the individual’s movement back out of the role once its temporary advantages have been exhausted. But the roles allotted the deviant seldom make allowance for this type of passage. He is ushered into the deviant position by a decisive and often dramatic ceremony, yet is retired from
it with scarcely a word of public notice. And as a result, the deviant often returns home with no proper license to resume a normal life in the community. Nothing has happened to cancel out the stigmas imposed upon him by earlier commitment ceremonies; nothing has happened to revoke the verdict or diagnosis pronounced upon him at that time. It should not be surprising, then, that the people of the community are apt to greet the returning deviant with a considerable degree of apprehension and distrust, for in a very real sense they are not at all sure who he is.

A circularity is thus set into motion which has all the earmarks of a “self-fulfilling prophesy,” to use Merton’s fine phrase. On the one hand, it seems quite obvious that the community’s apprehensions help reduce whatever chances the deviant might otherwise have had for a successful return home. Yet at the same time, everyday experience seems to show that these suspicions are wholly reasonable, for it is a well-known and highly publicized fact that many if not most ex-convicts return to crime after leaving prison and that large numbers of mental patients require further treatment after an initial hospitalization. The common feeling that deviant persons never really change, than, may derive from a faulty premise; but the feeling is expressed so frequently and with such conviction that it eventually creates the facts which later “prove” it to be correct. If the returning deviant encounters this circularity often enough, it is quite understandable that he, too, may begin to wonder whether he has fully graduated from the deviant role, and he may respond to the uncertainty by resuming some kind of deviant activity. In many respects, this may be the only way for the individual and his community to agree what kind of person he is.

Moreover this prophesy is found in the official policies of even the most responsible agencies of control. Police departments could not operate with any real effectiveness if they did not regard ex-convicts as a ready pool of suspects to be tapped in the event of trouble, and psychiatric clinics could not do a successful job in the community if they were not always alert to the possibility of former patients suffering relapses. Thus the prophesy gains currency at many levels within the social order, not only in the poorly informed attitudes of the community at large, but in the best informed theories of most control agencies as well.

In one form or another this problem has been recognized in the West for many hundreds of years, and this simple fact has a curious implication. For if our culture has supported a steady flow of deviation throughout long periods of historical change, the rules which apply to any kind of evolutionary thinking would suggest that strong forces must be at work to keep the flow intact—and this because it contributes in some important way to the survival of the culture as a whole. This does not furnish us with sufficient warrant to declare that deviance is “functional” (in any of the many senses of that term), but it should certainly make us wary of the assumption so often made in sociological circles that any well-structured society is somehow designed to prevent deviant behavior from occurring.7
It might be then argued that we need new metaphors to carry our thinking about deviance onto a different plane. On the whole, American sociologists have devoted most of their attention to those forces in society which seem to assert a centralizing influence on human behavior, gathering people together into tight clusters called “groups” and bringing them under the jurisdiction of governing principles called “norms” or “standards.” The questions which sociologists have traditionally asked of their data, then, are addressed to the uniformities rather than the divergencies of social life: how is it that people learn to think in similar ways, to accept the same group moralities, to move by the same rhythms of behavior, to see life with the same eyes? How is it, in short, that cultures accomplish the incredible alchemy of making unity out of diversity, harmony out of conflict, order out of confusion? Somehow we often act as if the differences between people can be taken for granted, being too natural to require comment, but that the symmetry which human groups manage to achieve must be explained by referring to the molding influence of the social structure.

But variety, too, is a product of the social structure. It is certainly remarkable that members of a culture come to look so much alike; but it is also remarkable that out of all this sameness a people can develop a complex division of labor, move off into diverging career lines, scatter across the surface of the territory they share in common, and create so many differences of temper, ideology, fashion, and mood. Perhaps we can conclude, then, that two separate yet often competing currents are found in any society: those forces which promote a high degree of conformity among the people of the community so that they know what to expect from one another, and those forces which encourage a certain degree of diversity so that people can be deployed across the range of group space to survey its potential, measure its capacity, and, in the case of those we call deviants, patrol its boundaries. In such a scheme, the deviant would appear as a natural product of group differentiation. He is not a bit of debris spun out by faulty social machinery, but a relevant figure in the community’s overall division of labor.

NOTES

1. In fact, the first statement of the general notion presented here was concerned with the study of small groups. See Robert A. Dentler and Kai T. Erikson, “The Functions of Deviance in Groups,” Social Problems, VII (Fall 1959), pp. 98–107.


5. The classic description of this process as it applies to the medical patient is found in Talcott Parsons, *The Social System* (Glencoe, Ill.: The Free Press, 1951).
